



I create a welcoming space where your unique life can unfold -  
free from what holds you back emotionally, physically, and mentally

.

Your individual healing journey starts now.

Strengthen your **health** - You are meant to be healthy

Release your emotional baggage - Discover a life that follows your **heart**

Release old beliefs and thought patterns - Discover **freedom** in thinking new ways of life

EMOTION CODE - BODY CODE - BELIEF CODE

# Client Assignment

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Sommerfugl-Verksted for personlig utvikling

[www.livsvandring.no](http://www.livsvandring.no)

**This client assignment consists of 5 pages.**

Page 1: Personal information about you as a client

Page 2: Short information about the EMOTION CODE® healing method

Page 3: My obligations as a practitioner in Norway

Page 4: Your rights as a client

Page 5: Where to find more information

Please read each page carefully before your first consultation.

During your first consultation, we will go through the client assignment together. You will have the opportunity to ask any questions related to the assignment.

You will need to sign this client assignment during your first consultation - after the introductory conversation and before the session begins.

Thank you for your cooperation.

## Page 1 - Personal information about you as a client

(This page is reserved for your personal details.)

Name:	
Date of birth:	
Address (*optional)	
Phone:	
Email:	
Name of doctor (*optional):	
Phone doctor (*optional):	
Pacemaker/other implants that react with magnets?	
Illnesses that is relevant for me to know about?	
Pregnant?	
Something else you want me to know?	

By signing below, you confirm that you have carefully and completely read and fully understood all pages and aspects of this assignment. Please indicate your acceptance and agreement by signing:

Date/Location:

Name:

Me, Angela Khadka, confirm that I will maintain confidentiality of all client information.

Signature Angela Khadka

## Page 2 - Short information about the EMOTION CODE ® healing method

Emotions are powerful forces that shape our lives. If you imagine your life as a large painting, emotions are the colours. Every single happening in your life is coloured by its own emotions- both joyful and painful.

If we don't feel through an emotion from beginning to end, an emotion can be trapped. These trapped emotions make up your "emotional baggage".

The EMOTION CODE ® is a healing method that makes it possible to communicate with your subconscious mind to find and release your trapped emotions.

You can break free from your emotional baggage and discover how your overall mood, your relationship with yourself and others, and your connection to the world can shift to more positive experiences.

This energy healing method was developed by Dr. Bradley Nelson. The EMOTION CODE ® is a registered trademark owned by the DISCOVER HEALING INSTITUTE.

The EMOTION CODE ® is **not** intended to diagnose or treat medical or mental health conditions, and it does **not** replace licensed healthcare services. It is designed to help individuals release trapped emotional energy and restore balance and energetic flow, thereby allowing the body and mind an opportunity to heal naturally.

You can find more information at:  
[www.discoverhealing.com](http://www.discoverhealing.com)

Your healing journey is your birthright. Your body has an innate ability to heal itself. I cannot treat symptoms or mental/physical illnesses. I work to release energetic imbalances so that your body's natural self-healing capacity can be strengthened.

## **Page 3 -My obligations as a Practitioner in Norway**

**I am an approved member of the Norwegian Association of Healers (DNH).**

This is an excerpt from the DNH statutes:

The Norwegian Association of Healers recognizes a common source of life force, a source that embodies love, intelligence, truth and wisdom. The spiritual or non-physical dimension of consciousness is viewed as a natural and integral part of life. Healing is a traditional and holistic interpersonal process aimed at improving health and quality of life - physically, mentally and spiritually - through practices such as energy balancing, the laying on of hands, prayer or similar spiritually oriented methods. Healing is considered a natural ability within everyone that can be developed and strengthened. DNH acknowledges that it is not possible to establish uniform professional requirements for healing methods and/or healing education.

As a member of DNH , I am committed to the following professional responsibilities:

- conduct sessions in a responsible, respectful and professional manner
- only provide treatment at the request of the client or their guardian
- inform clients that healing is not a replacement for qualified medical treatment
- not promise relief or cure
- not make medical diagnoses or give advice on medications or other forms of treatment outside my expertise
- respect the client's choices regarding other treatment methods and therapists
- take full responsibility for my words and actions during treatment
- respect the client's belief system
- maintain confidentiality of all client information
- ensure that I am physically and mentally fit to perform healing work
- be transparent and fair regarding fees
- inform the client in advance about the nature, duration, and cost of treatment
- act in a way that does not discredit DNH or the healing profession

**I am also registered as an Alternative Practitioner in the official Norwegian Register of Alternative Practitioners (Brønnøysundregisteret).**

## **Page 4 - Your rights as a client**

### **Storage of your information**

As part of your treatment, I am required to create and maintain a client record. This is regulated by:

- The Patient Record Regulations
- The Patient and User Rights Act
- The Personal Data Act

By signing on page 1, you consent to this process. Only relevant and necessary information is recorded, and your journal is updated after each session. The journal is stored securely on my personal computer and is accessible only to me.

You have the right to:

- Access your client record at any time
- Correct factual errors
- Request deletion of data
- Revoke your consent at any time
- Approve any sharing of your information with third parties

### **Complaints and Legal Matters**

When receiving alternative treatment outside the public healthcare system, you are not covered by the Patient Rights Act or the Patient Injury Act. You are therefore not eligible for compensation under these laws.

- Complaints about misleading marketing are handled by the Consumer Council.
- Other service-related complaints are handled by the ethics council of the relevant practitioner organization, DNH.
- Any legal violations must be reported to the police as a civil complaint.

As a registered practitioner, I am required to have liability insurance. I hold such insurance through DNH.

### **Payment**

Treatment costs are not covered by the Norwegian National Insurance Scheme. All sessions must be paid for in advance.

## Page 5 - Where to find more information

Read more about the method:

👉 [www.discoverhealing.com](http://www.discoverhealing.com)

Website of Den Norske Healerforbundet

👉 [www.healerforbundet.no](http://www.healerforbundet.no)

Research on alternative treatment in Norway:

👉 [www.nafkam.no](http://www.nafkam.no)

Laws and regulations:

👉 [www.lovdata.no](http://www.lovdata.no)

(Act on Alternative Treatment, Marketing Regulations, and Voluntary Registration)

Criteria for practitioner organizations and registration:

👉 [www.helsedirektoratet.no](http://www.helsedirektoratet.no)

Overview of approved organizations and registered practitioners:

👉 [www.brreg.no](http://www.brreg.no)